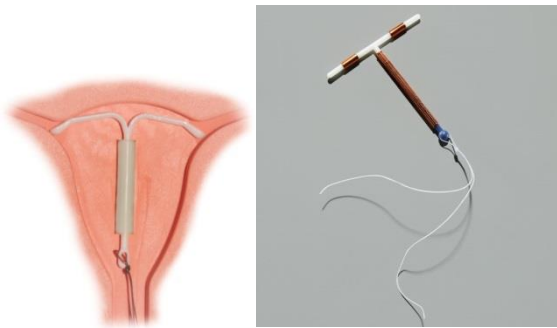


# Training Family Medicine Residents in Long Acting Reversible Contraception Management

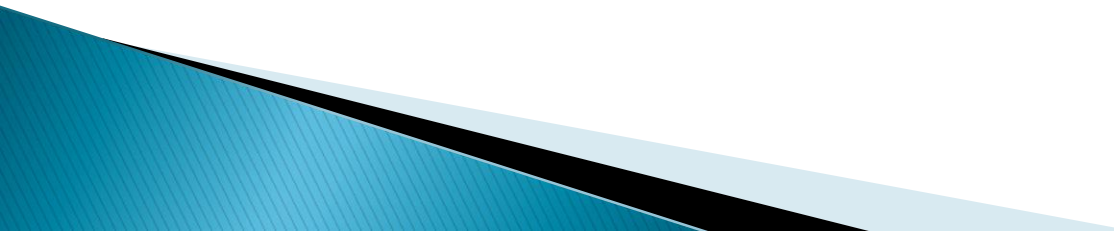
Christina Cavanagh, MD FAAFP  
Marji Gold, MD FAAFP  
Miranda Dettman, MPH



# Disclosures

- ▶ The presenters have no financial conflicts of interest to disclose

# Objectives

- ▶ Participants will describe the extent of IUD and contraceptive implant training for residents at their residency program
  - ▶ Participants will list barriers to implementing or enhancing the training at their residency program
  - ▶ Participants will identify 3 changes they could implement to enhance the LARC training for their residents
- 

# Background

% of women experiencing an unintended pregnancy within the first year of use



Contraceptive methods

0.8%

0.5%

Copper IUD

Female Sterilization

# Why LARC training matters

- ▶ LARC training at family medicine residency programs in the US
  - Family Medicine Chief Resident survey:
    - ¼ received no clinical training in copper or levonorgestrel IUD use
    - ¾ received no clinical training in the contraceptive implant

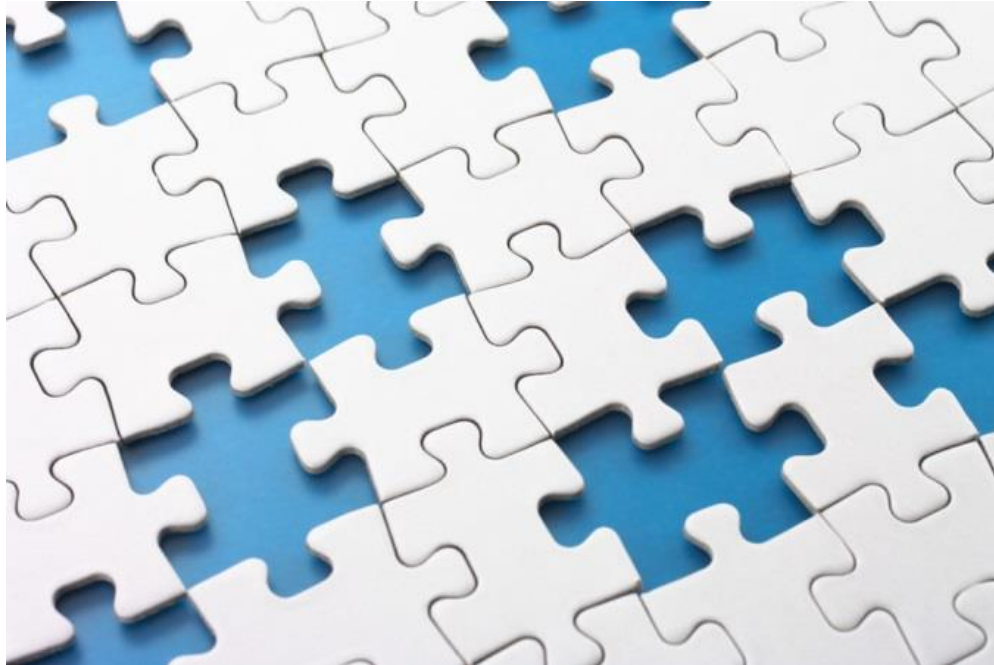
Herbitter C, Greenberg M, Fletcher J, Query C, Dalby J, Gold M. Family Planning Training in US Family Medicine Residencies. *Family medicine* 2011;43(8):574-81.





# Case example:

## Florida State University FMRP at Lee Health







get**LARC**

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**getLARC** supports LARC training in family medicine residency programs across the United States.

For more information, please contact [info@getLARC.org](mailto:info@getLARC.org)

[info@getLARC.org](mailto:info@getLARC.org)

Department of Family and Social Medicine — Montefiore Medical Center

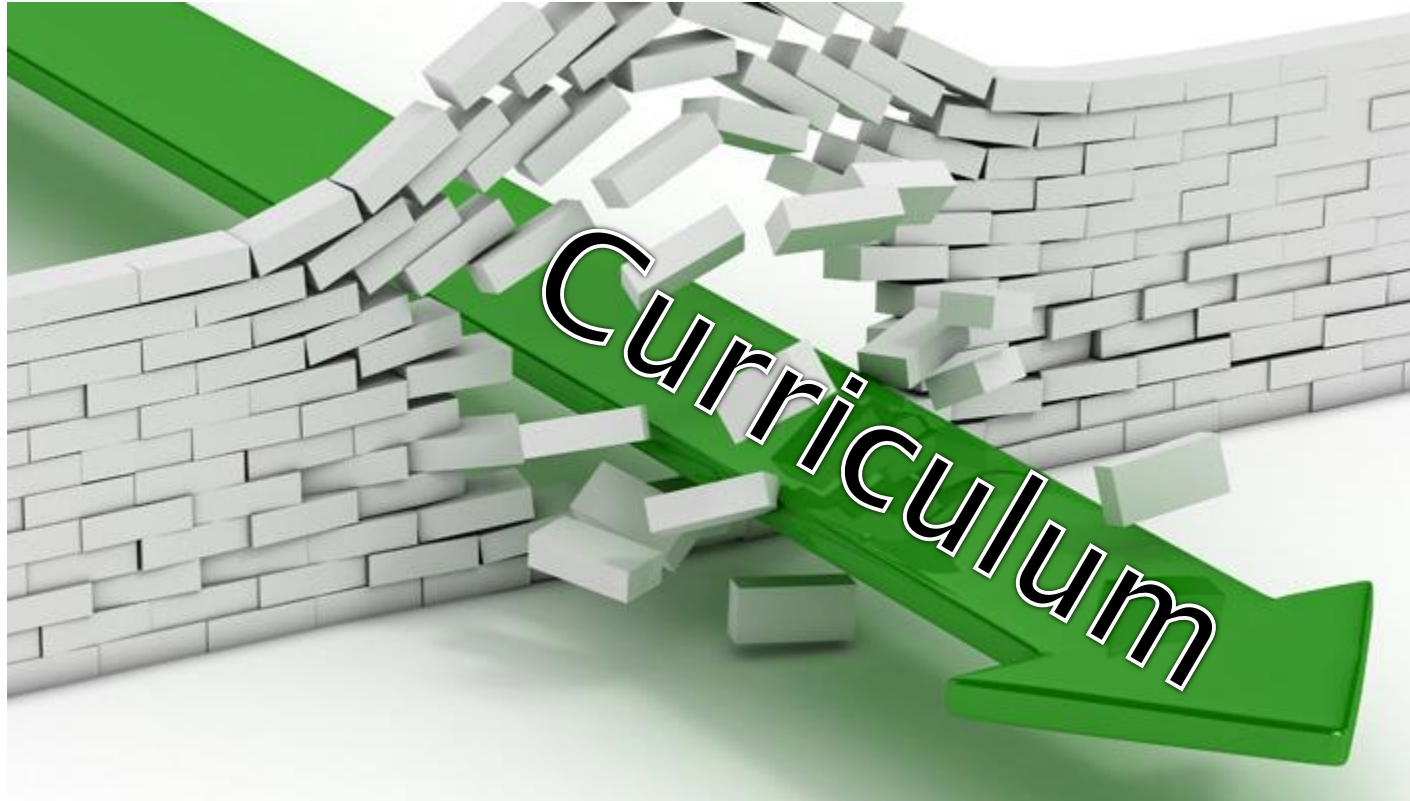
**Montefiore**





# Case example:

Florida State University FMRP at Lee Health



# Barriers and Solutions

- ▶ Resident comfort with LARC
- ▶ Enhanced didactic training
- ▶ Faculty comfort with LARC
- ▶ Faculty training opportunity
- ▶ Patient recruiting
- ▶ Grant funded devices
- ▶ Low volume during gyn block
- ▶ Create weekly high volume clinic
- ▶ Equipment need
- ▶ Grant funding



# Number of LARC procedures logged by residents

LARC procedures logged by residents during the pre-intervention year and intervention year

