Clinical Opiate Withdrawal Scale

Patient Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Date:Time\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_:\_\_\_\_\_\_\_\_

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| --- | --- | --- |
| Description | Options | Score |
| **Resting Pulse:**  *Sitting for 1 minute* | <81=0; 81-100=1; 101-120=2; >120=4 |  |
| **Sweating:** *Over past 30 min. not accounted for by room temp or activity* | No report of chills or flushing= 0; Reports chills or flushing= 1; Flushed or observed moist=2; Beads of sweat on brow or face=3; Sweat streaming off face=4 |  |
| **Restlessness:** *Observation* | Able to sit still=0; Reports difficulty, but is still= 1; Frequent shifting/movement of legs/arms=3; Unable to sit still for more than a few seconds=5 |  |
| **Pupil Size:** | Pupils pinned or normal for lighting=0; Possibly larger than normal for light=1; Moderately dilated=2; Only rim of iris is visible=5 |  |
| **Bone or Joint Aches:**  *If patient was having pain, only the additional is scored* | Not present=0; Mild diffuse discomfort=1; Reports severe diffuse aching of joints/muscles=2; Rubbing joints or muscles/not able to be still=4 |  |
| **Runny nose or tearing:** *Not accounted for by cold symptoms or allergies* | Not present=0; Nasal stuffiness/moist eyes=1; Nose running or tearing=2;  Nose constantly running/tears streaming down cheeks=4 |  |
| **GI Upset:** *Over past 30 min.* | No GI symptoms=0; Stomach cramps=1; Nausea or loose stool=2; Vomiting or diarrhea=3; Multiple episodes of diarrhea or vomiting=5 |  |
| **Tremor:** *Observation of outstretched hands* | No tremor = 0; Tremor felt but not observed=1; Slight tremor observable=2;  Gross tremor or muscle twitching=4 |  |
| **Yawning:** | No yawning=0; Yawning once or twice=1; Yawning three or more times during assessment=2; Yawning several times/minute=4 |  |
| **Anxiety/Irritability:** | None=0; Reports increasing irritability/anxiousness=1; Patient obviously irritable or anxious=2;  Patient so irritable/anxious that participation difficult=4 |  |
| **Gooseflesh skin:** | Skin is smooth=0  Piloerection can be felt or hairs standing up on arms=3;  Prominent piloerection=5 |  |
| **Total Score:** |  |  |
| **Initials:** |  |  |

Mild=5-12; Moderate=13-25; Moderately severe=25-36; Severe>36