

# The Role of the Health Professional Educator in Undergraduate Medical Student Education: A Formal Curriculum

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# **DISCLOSURES**

## NONE

## **LEARNING OBJECTIVES**

- Explore the value of formal health professional education (HPE) learning experiences for medical students
- Be able to create a simple formal clinical learning experience curriculum for HPE learning experiences
- Be able to create a learning experience that increases the medical students' appreciation of health professionals in collaborative practice

## **BACKGROUND**

Interprofessional education enables effective collaborative practice that in turn optimizes health services, strengthens health systems and improves health outcomes<sup>1</sup>

Clinical experiences with allied health providers (AHP) change students' perception and understanding of the role of the AHP<sup>2,3</sup>

#### BACKGROUND

In order to be **effective clinicians** upon graduation, learners must graduate with the understanding of the roles and responsibilities of all of our health care team members

## **PROBLEM**

Medical students are learning in environments that include interprofessional health care providers (IHPs)

**BUT**, they are not being **formally** taught by IHPs as health professional educators (HPEs) while participating in direct patient care

ALSO, **no formal curriculum exists** to facilitate this learning

#### BACKGROUND

- Sunnybook Academic Family Health Team
- University of Toronto
- Itemized clinical learning experiences that our students were already having
- Worked collaboratively with our health professional educators to create learning objectives for each session
- Mapped the learning experiences to CanMEDs competencies

## CANMEDS COMPETENCIES

Competencies learned by students during HPE clinical learning experiences:

- Medical Expert
- Communicator
- Collaborator
- Health Advocate

## STUDYING THE FORMAL CURRICULUM

## NURSING SESSION

#### Learning Objectives:

- Be able to perform the following clinical skills:
  - Venipuncture
  - Immunization
- Become more competent in the Communicator Role and the ability to assess a patient. This may include use of the SBAR tool.
- Acquire a better understanding and appreciation of the role of the nurse in the care of a Family Health Team patient.

#### CanMEDS Competencies:

- COMMUNICATOR: 1. Establish professional therapeutic relationships with patients and their families; 4. Engage patients and families in developing plans that reflect the patient's health care needs and goals; 5. Document and share written and electronic information about the medical encounter to optimize clinical decision-making, patient safety, confidentiality and privacy
- COLLABORATOR: 1. Work effectively with physicians and other colleagues in the health care professions

## CREATING A FORMAL CURRICULUM

## DIETITIAN SESSION

#### Learning Objectives:

- Gain experience in the skills required to promote behaviour change
- Acquire some basic knowledge on the medical nutrition therapy for various health care concerns eg weight loss, HTN, weight gain, DM2
- Acquire a better understanding and appreciation of the role of the dietitian in the care of a Family Health Team patient.

#### CanMEDS Competencies:

- COMMUNICATOR: 1. Establish professional therapeutic relationships with patients and their families; 4. Engage patients and families in developing plans that reflect the patient's health care needs and goals;
- COLLABORATOR: 1. Work effectively with physicians and other colleagues in the health care professions

## WHAT MAKES IT FORMAL?

- During their 6 week clerkship family medicine core rotation, students were assigned to clinical sessions with HPEs
- HPEs were instructed on how to deliver the "formal curriculum":
  - "Orientation huddle"<sup>4</sup>: students met with the HPE to review learning objectives
  - "Post-encounter huddle"<sup>4</sup>: students met with the HPE to debrief and review questions about the clinical experience

#### **EVALUATING THE IMPACT**

- At the end of each rotation, focused interviews were conducted to get students perspectives on:
  - The Role of Interprofessional Healthcare Providers
  - HPE Clinical Learning Experiences from an Education Perspective
  - HPE Clinical Learning Experiences from a Patient Care Perspective
  - Impact of a Formal Curriculum
- Transcripts were analyzed using qualitative data processing software employing an inductive thematic analysis approach
- Categories of results were organized into final overarching themes

#### Reflections on the Role of the IHP:

- Diverse perspectives and expertise are valued and provide optimal, comprehensive care for patients.
- Sessions provided insight into the care patients received from IHPs

#### Operationalizing Collaboration:

- Bringing each other's strengths and expertise to the table and working with each other towards the same goal of patient care with different care perspectives
- Gained a more practical sense of collaboration

#### Value of the HPE Learning Experience:

- Valued learning other professionals' scopes of practice
- Greater appreciation of other health professionals and their roles in patient care
- Observing health professionals working collaboratively on a patient
- Empowered student to feel more comfortable reaching out to nurses to ask questions
- Opened eyes to approaching problem-solving with an IP lens
- Gained new skills

Perception of IHPs as Contributors to the Health Care Team

- Deeper appreciation for IHPs
- Without IHPs, care would be sub-optimal
- Reinforced the importance of the IHPs in patient care

#### Effects of the Formal Curriculum:

- Huddle helped by contextualizing the learning session
- Objectives enhanced and framed the learning experiences
- Helpful to reflect on the learning sessions
- Useful to bring teachings together in a discussion
- Helpful to ask questions and learn about resources to support learning
- Formalized the role of the HPE teachers
- Gained more respect for IHPs through their role as teachers

#### Influence on Clinical Care in the Future:

- Students found value in being part of an interprofessional team
- Better understanding of scopes of practice than in first 2 years of medical school
- Will trust the expertise of other interprofessionals

"now I certainly do feel that it's of...significant importance, and... it does so much to make you a better physician... I'm significantly more encouraged and motivated to continue interprofessional learning throughout my journey"

Awareness of Interprofessional Collaboration in Comprehensive Patient Care:

- Understanding of health professionals' scopes of practice contributes to comprehensive care, leading to making more connections with other care providers to create more care opportunities, with greater efficiency
- Working directly with IHPs developed a better understanding of scopes of practice which increased comfort level in communicating with each other

Preparedness To Work Effectively With Other Health Professionals To Provide Safe, High-Quality, Patient-Centered Care

- Prepared them to work effectively with other IHPs
- Sessions demonstrated the value of IP teams

## CONCLUSIONS

Implementation of a formal HPE curriculum resulted in students having a better understanding and appreciation of IHPs

#### Students feel that

- IHPs play an important role in their medical education
- formal clinical education sessions with HPEs are valuable
- formalizing the HPE clinical learning experience has increased their respect of HPEs as teachers

Students feel more prepared to work effectively with IHPs to provide high-quality, patient-centred care because they had a chance to see interprofessional collaboration in action

## WHAT CAN YOU DO?

- Examine the HPE clinical learning experiences that your students are already having
- 2. Create objectives for these sessions
- 3. Formalize the learning experiences

## **QUESTIONS??**

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## REFERENCES

- 1. Barr, H. The WHO Framework for Action. Journal of Interprofessional Care. September 2010; 24(5): 475-478.
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- 3. Shafran, D., Richardson, S., Bonta, M. A novel interprofessional shadowing initiative for senior medical students. Medical Teacher. 2015, 37: 86-89.
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- 5. Barr, H., Freeth, D., Hammick, M. et al. Evaluations of Interprofessional Education: A United Kingdom Review for Health and Social Care. Review. CAIPE (Centre for the Advancement of Interprofessional Education)/ BERA. 2000.