

APPENDIX 2

Qualitative Study Questions on Food Insecurity

The Creekside Team would like to help patients who have trouble affording food or worry about running out of food before they get money again.

1. Are you the person who buys food for your household and if not who is?
2. How many adults 18 years and older live with you?
3. How many children younger than 18 years live with you?

4. What are the things that lead to lack of food for you?

5. Here are some things others have mentioned that are factors in lack of food for them:
 - More money some months than others.
 - Too much debt.
 - Too hard to get to the grocery store or SNAP (food stamps)/WIC office.
 - Emergencies have come up.
 - Unexpected costs have come up.
 - Don't want to use SNAP (food stamps).
 - Know of resources, but don't want to use them.

Would you like to say more about any of these?

6. If you've used the resources below, please rate the helpfulness of each.

Creekside clinic resources	Not helpful		Somewhat helpful		Extremely helpful	
Screen for lack of food twice per year	0	1	2	3	4	5
Offer emergency food boxes (family size and lunch size)	0	1	2	3	4	5
Refer to food resources – food shelves, reduced price groceries and free meals	0	1	2	3	4	5
Check eligibility for SNAP/WIC and refer	0	1	2	3	4	5

If some were unhelpful, would you tell us why?

- In your opinion, what else should we be doing to help patients who deal with lack of food

7. Has this problem ever affected your health? If so, how?