**Chief Resident Conference 2020**

Prior to the session, attendees should complete the communication style evaluation and send in results, and also select their preferred Choose Your Own Adventure topic groups.

<https://www.skillsforcare.org.uk/Documents/Leadership-and-management/well-led/Day-1-17/1.4.1-Colour-Personality-Test-FULL.pdf>

Part 2:

1. Learning Objectives
* Increase self awareness by analyzing your communication style and how that relates to communicating with others
* Create a model for promoting meaningful and effective feedback, and practice this in a safe place
* Explore the topic of leading change, being a leader during times of change
* Creating your vision for what ‘success’ means for your chief year and finding a coach/mentor
1. Agenda

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| Time | Topic | Led by/notes |
| 12:00 – 12:10 | Introduction to the program/agenda, faculty introductions* Reminder that this is recorded and private chat gets recorded
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| 12:10 – 12:20 | Setting goals for your future | Introduction to topic, lead by current chief resident |
| 12:20 – 12:25 | Personal goal setting time | Have participants turn off their cameras and complete the Chief Resident Goals Worksheet |
| 12:25 – 12:30 | Finding a mentor to fit your needs | Lead by current chief resident |
| 12:30 – 13:00 | Break out groups: Discussion of goals and how to implement |  |
| 12:00 – 13:25 | Crucial Conversations talk and planner discussion | Powerpoint presentation and discussion of how to use the planner document |
| 13:25 – 13:30 | Introduction to Choose Your Own Adventure topics:* CIR (representative or current member)
* The Art of Giving Feedback (current chief residents)
* Intern orientation
* Problem residents or faculty (no facilitator)
 | The Art of Feedback has a powerpoint presentation |
| 13:30 – 14:00 | Choose Your Own Adventure 1 | Break audience into small groups based on preselected choices |
| 14:00 – 14:15 | BREAK |  |
| 14:15 – 14:45 | Choose Your Own Adventure 2  | Groups repeat |
| 14:45 – 15:45pm | Communication Activity (behavioral science faculty)Have residents take “test” before conference and send results prior to conference<https://www.skillsforcare.org.uk/Documents/Leadership-and-management/well-led/Day-1-17/1.4.1-Colour-Personality-Test-FULL.pdf>Intro - 5 minutesFirst group (same color results) - 15 minutesPut these questions in the chat1. What makes you happy?
2. What makes you upset?
3. What do others do that frustrates you?
4. What stresses you out?
5. What do you like to do for fun?
6. When you get assigned a task, how do you proceed?
7. How can someone best communicate with you?
8. How do you make decisions?
9. How do you demonstrate leadership?

Second group (different color results) - 15 minutesPut this assignment in the chat* Work with your group to plan a follow up session to this chief resident conference. Choose the place/setting/format/time. Will it be individual programs, statewide, or other? What is most important to include?

Summary after breakout sessions - 15-20 minutes |  |
| 15:45 – 16:00 | Wrap up, suggestions for future conference topics |  |