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| **Course Curriculum** |
| **Course** | **Format** | **Objectives** |
| Primary Care Defined: Perspective and Procedures | 9-week long, 1 hour lunch seminar | * Define primary care and its broad scope of practice, including procedural interventions
* Articulate the value of primary care through the lens of the patient, clinician and healthcare system
* Create connections with faculty, fellow and residents in various primary care fields at Stanford and beyond
* Examine the rewards and challenges of a career in primary care
* Rank a career in primary care higher than at baseline
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| **Session** | **Format** | **Objectives** |
| Introduction to Primary Care Careers and Initiatives | Introductory lecture | * Define primary care and its scope
* *Explain the value of providing comprehensive healthcare in one place*
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| Primary Care in Global Health: Abscess Incision and Drainage | Short didactic with synchronized procedural walkthrough and small group practice, with 1-2 facilitators per 5-6 students | * List the variety of primary care careers available in global health
* *Explain the value of providing procedures in primary care settings*
* Describe the steps to perform the procedure
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| Primary Care in Sports Medicine: Knee and Shoulder Injections | Short didactic with rotating stations for skills practice: (1) knee injections, (2) shoulder injections, (3) identifying anatomical landmarks, (4) ultrasound for MSK | * Describe the career paths of primary care clinicians who complete additional training in Sports Medicine
* Judge when it is appropriate to conduct a knee and shoulder joint injection
* Describe the steps to perform the procedure
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| Primary Care in Women’s Health: IUD Insertion | Short didactic with synchronized procedural walkthrough and small group practice, with 1-2 facilitators per 5-6 students | * Recognize the scope of women’s health care provided by primary care clinicians
* *Recognize the advantages of Long Acting Reversible Contraception*
* *Describe the steps to perform the procedure*
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| Primary Care in Community Health: Shave Biopsy | Short didactic with synchronized procedural walkthrough and small group practice, with 1-2 facilitators per 5-6 students | * List the variety of primary care careers available in community health.
* Judge when it is appropriate to conduct a shave biopsy
* *Describe the steps to perform the procedure*
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| The Life of a PCC | Panel with representation from community and academic clinicians, across primary care specialties, using pre-submitted student questions | * *Describe the lifestyle and salary of PCCs across different practice settings*
* Discuss the scope of practice of a primary care clinician
* *Discuss work-life fit and flexibility associated with a career in primary care*
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| Training to Become an Excellent PCC | Small group discussion and Q&A at rotating stations for each specialty: internal medicine and family medicine  | * Describe unique challenges (i.e. rapid acquisition and breadth of knowledge) of primary care training
* Articulate the major draws for training in primary care
* Compare different primary care residency training programs
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| The Many Paths of Primary Care | Panel with MDs and PAs, moderated by faculty lead, followed by Q&A | * Articulate the breadth of roles PCCs play in the health care system
* Characterize the diversity and patient impact of career trajectories post-residency
* Discuss the unique roles PCCs play in their patient’s lives
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| The Value and Worth of Primary Care | “Fireside chat” with PCC and patient/family/caregivers followed by Q&A | * Summarize key learnings for this lunch seminar by highlighting perspectives from patients and their families/caregivers
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