**ACROSS**

**2.** A T- shaped device inserted into the uterus that offers contraception for up to 5 years

**4.** The biggest risk factor why women over the age of 35 and smoking are contraindicated for combined OCP

**6.** A round piece of white plastic foam that can be inserted into the vagina prior to intercourse to help protect against pregnancy

**9.** This form of birth control is self- applied once every 7 days for 3 consecutive weeks followed by 1 free week

**11.** This can be measured daily to monitor for fertility in natural family planning

**12.** The appropriate time interval between Depo injections

1. In addition to irregular bleeding, the most common side effect with Depo birth control
2. A shallow, dome- shaped cup that is inserted into the vagina prior to intercourse and must be used with spermicide to be effective

**DOWN**

**1.** This form of birth control prevents pregnancy and protects against STI

**3.** This hormone is safest for postpartum women

**5.** This form of birth control is considered permanent and involves their male partner

1. Form of emergency contraception that is most effective if used within 72 hours of intercourse
2. A chemical that is designed to stop sperm from moving

**10.** A harmful habit that should be screened for when discussing forms of birth control with women, especially women older than 35 years

**13.** This form of birth control is inserted vaginally and left in place for 3 weeks and removed for 1 week