

APPENDIX 1

Food Insecurity Questionnaire

Name _____

Food insecurity or lack of food can mean skipping meals to make food last longer. It can also mean having to choose between buying food or paying your bills. We can help if you and your family are dealing with this.

Please let us help you by answering these three questions:

- 1) Within the past 12 months have you ever worried that your food would run out before you got money to buy more? **Yes** **No**
- 2) Within the past 12 months the food that you bought just didn't last and you didn't have enough money to get more. **Yes** **No**
- 3) If yes to previous two questions: Do you need help today? **Yes** **No**