


Using the Social Ecological Framework to Facilitate a Culture of “Joy in Practice”

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Introductions


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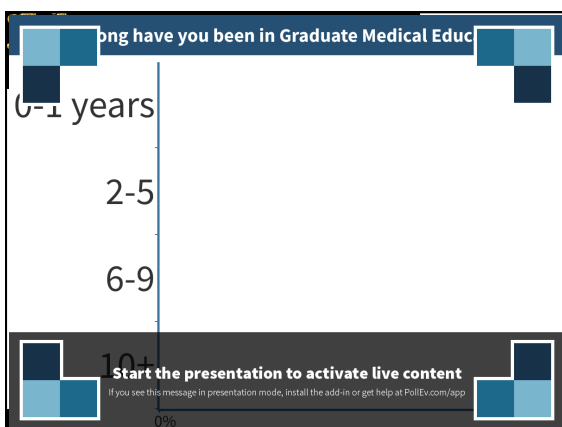
Course Objectives

After attending this session, participants will be able to:

- Create a list of personal/team interventions that contribute to a culture of “Joy in practice.”
- Select specific interventions for use in each of the levels of a customized social-ecological framework.
- Learn the process of utilizing the SWOT analysis model to develop a cognitive framework for evaluating the implementation of “Joy in Practice” interventions.

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The image shows the Poll Everywhere logo at the top, which includes the text "50th annual spring conference" and a gold bar with the word "poll" repeated. Below the logo, the text "Poll Everywhere" is written in a large, bold, black font. Underneath, the word "Instructions:" is followed by a list of two steps: "1. Type the phone number 22333 and send the message 'DOMINIQUEFON101'" and "2. OR go to PollEv.com/dominiquefon101".

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What would you like to get out of this session

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Definitions

Burnout

A condition in which an individual experiences a decrease in professional accomplishment due to increases in emotional exhaustion, and depersonalization.

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Have you experienced burn out before or currently

yes

no

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0%



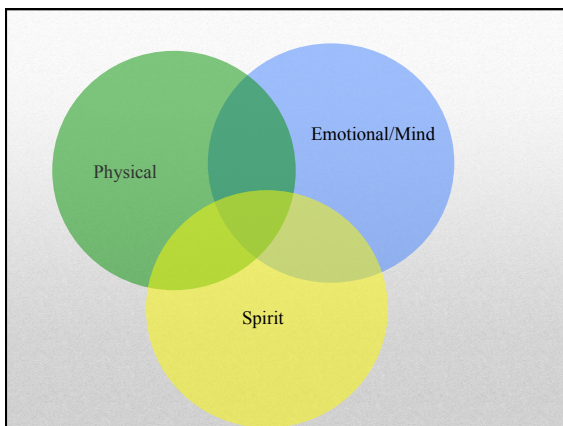
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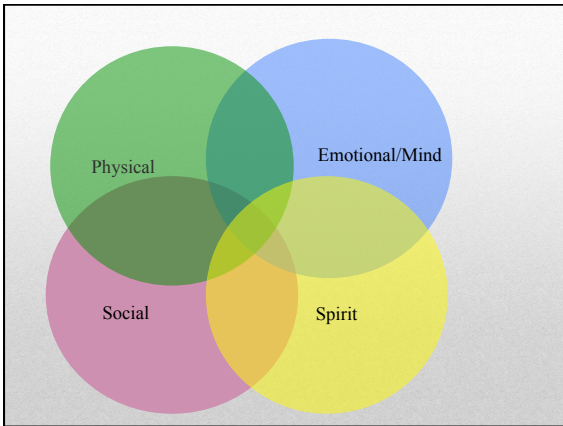
Definitions

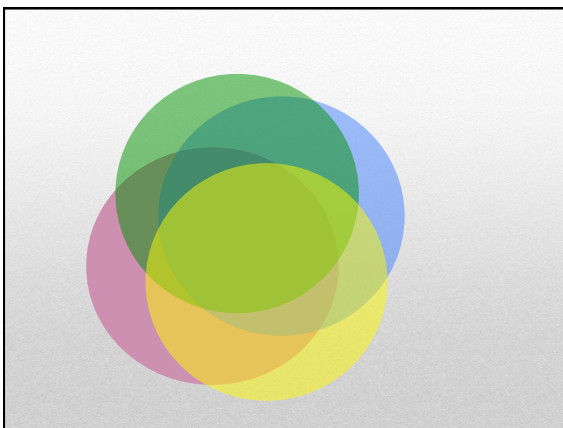
Wellness

"A balance or health in multiple domains: physical, emotional, social, spiritual."¹

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Mindfulness Exercise

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Definitions

Joy in Practice is not complete wellness, but contributes to wellness. We define this as "career satisfaction in which physicians find joy, spiritual calling and meaning surrounding the physician-patient relationship"²

Joy in Practice = work wellness

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Approximately how long have you experienced "Joy in Practice" in your career?

About 100% of my career

About 75% of my career

About 50% of my career

About 25% of my career

0% of my career

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Social-Ecological Framework

Bronfenbrenner's Bioecological Model of Human Development

Individual
Age, sex, health, etc.

Microsystem
Immediate environments
family, school, friends, workplace, neighborhood, peers, religious community, educational systems, parent-adolescent relationship

Mesosystem
Connections between systems and microsystems

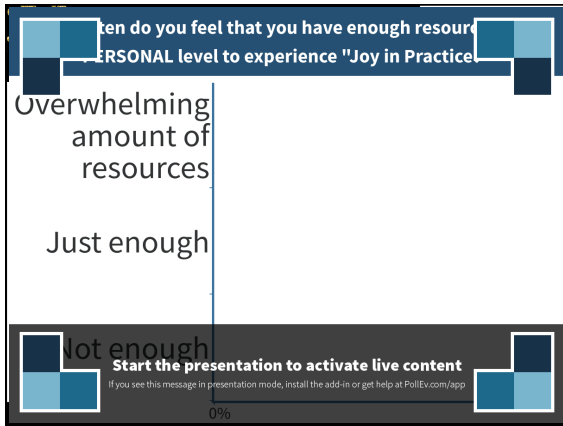
Exosystem
Indirect environments
Economic system, government, industry

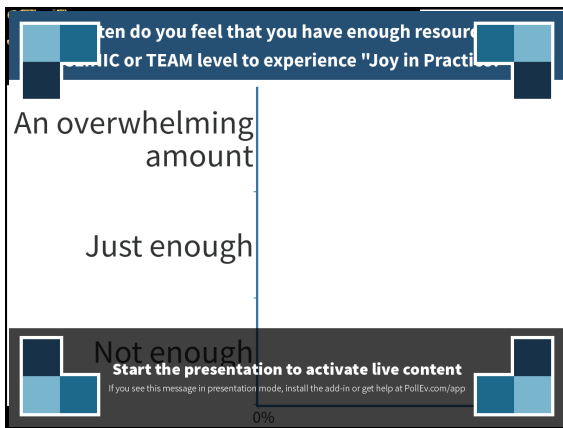
Macrosystem
Cultural ideologies and values of cultures and subcultures

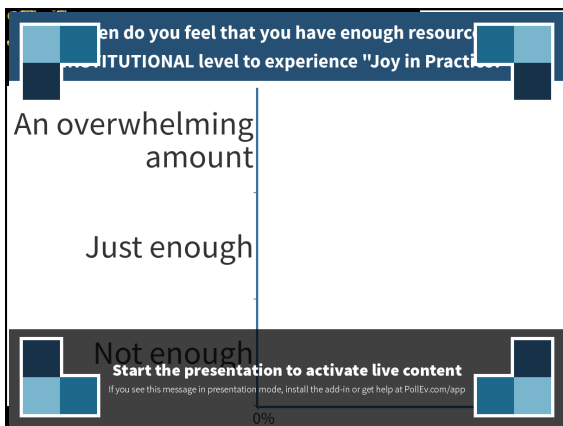
Chronosystem
time and historic influences

Techno-subsystem
Media influences
Computers, Internet, Portable devices, Social media, TV, Phone

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How often do you feel that you have enough resources to experience "Joy in Practice" at the NATIONAL level?

An overwhelming...

Just enough

Not enough

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0%

How often do you use some "Joy in Practice" techniques you have seen implemented?


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Small Group Sessions

Attach techniques to different levels in small groups for 10 to 15 minutes

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Small Group Sessions

Attach techniques to different levels in small groups for 10 to 15 minutes

Chose:

- 1 leader to facilitate the discussion and include everyone
- 1 recorder to write down highlights
- 1 presenter who will bring this back to the whole group


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Group Presentations

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Goal Setting

Choose one strategy/technique to implement.

Pick a socio-ecological level at which to implement your goal.

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Helpful to achieve objective

Helpful to achieve objective

Internal to the organization

Strengths – attributes that are helpful to achieving the objective

External to the organization

Opportunities – external conditions that are helpful to achieving the objective

Weaknesses – attributes that are harmful to achieving the objective

Threats – external conditions which could do damage to the objective

Complete the SWOT analysis in your quadrant at your socio-ecological level

SWOT Analysis

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An Institutional Model

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Helpful to achieve objective

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Mindfulness exercise

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Conclusion

“Be the change you wish to see in the world”

- Mahatma Gandhi

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