**Fatigue**

Anne is concerned because for the last four weeks she is having trouble concentrating at work and has not been able to complete her work on time. She is very fatigued to the point that she has called in sick to work twice in the last 4 weeks. On those days Anne stayed in bed all day watching TV and sleeping. One of her friends at work asked Anne what was wrong because the friend noticed that Anne appeared irritable and withdrawn. Her husband is concerned because she does not want to go to the park with him and the children, which has been something Anne always looked forward to doing on the weekends. Anne is worried that something is seriously wrong.

**What more would you like to know from Anne?**

**What diagnoses are you considering?**

**Explain your reasoning.**

**What tests, tools and diagnostic criteria could assist you in evaluating Anne?**

**What is Anne's diagnosis?**

**What treatment do you recommend for Anne?**

**Explain your reasoning.**

**How will you follow Anne?**

**Explain your reasoning.**

**Medication Refill**

Henry is here for a refill on his medications. This is the first time he is seeing you. His last doctor has been giving him bupropion and alprazolam for his experiences of panic. For the last 25 years, Henry has intermittent trouble with worrying about different things, to the point where he feels sick in his stomach. If he drives for more than one hour in the car, he starts to feel flushed and lightheaded. He has to stop and get out of the car. Because of this he has had trouble keeping a job. So Henry would like more medicine or maybe a higher dose, so he can work regularly and support his family.

**What more would you like to know from Henry?**

**What diagnoses are you considering?**

**Explain your reasoning.**

**What tests, tools and diagnostic criteria could assist you in evaluating Henry?**

**What is Henry's diagnosis?**

**What treatment do you recommend for Henry?**

**Explain your reasoning.**

**How will you follow Henry?**

**Explain your reasoning.**

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**Note:** Posted document with depression, anxiety, panic, bipolar 1 and 2

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